

# This week's menu



## Café Mall Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the day</b>	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
<b>Main course</b>	Chicken Burger in a brioche bun (gluten, egg ,dairy)	Chimichangas with salad , rice and salsa (gluten , dairy)	Roast Meat Yorkshire of the day (eggs,gluten,dairy)	Meat Feast Pizza (gluten ,dairy)	Battered Fish of the day (gluten,fish) with tartar sauce
<b>Special diets</b>	Chicken Burger	Chilli Beef	Roast Meat of the day		Gluten free Battered fish
<b>Meat free and vegan</b>	Vegi Burger (gluten , dairy)	Vegetarian chimichangas ( gluten and dairy)	Vegetarian Yorkshire Of the day (eggs ,gluten ,dairy)	Margarita Pizza (gluten , dairy)	<b>Vegan</b> Salt and pepper battered tofu (soya)
<b>On the side</b>	Fried Onions Potato wedges Salad	Dirty fries salad	Roast Potatoes Veg of the day	Potato Wedges Sweetcorn Salad	Chips Minted peas or Mushy Peas Baked beans
<b>Pasta or jacket potato</b>	Pasta with a tomato and basil sauce (gluten)  Jacket Potato	Pesto Pasta (gluten)  Jacket Potato with Cheese and Beans (dairy)	Chunky Vegetable Pasta (gluten)  Jacket Potato With Coleslaw (egg)	Cheesy pasta (gluten , dairy) Jacket Potato With cheese and beans (dairy)	Jacket Potato with Cheese , Beans or Coleslaw (dairy, egg)
<b>Dessert</b>	Jam Sponge and Custard (egg , Gluten) Fresh fruit , yoghurt (dairy) or Jelly also available	Sticky Toffee Pudding (gluten , dairy , soya ,egg) Fresh fruit , yoghurt (dairy) or Jelly also available	Gypsy Tart (gluten , egg , dairy) Fresh fruit , yoghurt (dairy) or Jelly also available	Jam Roly Poly (gluten, egg) Fresh fruit , yoghurt ( dairy ) or Jelly also available	Fruit Tart (gluten) Fresh fruit , yoghurt ( dairy) or Jelly also available

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	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the day</b>	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
<b>Main course</b>	Pulled Pork BBQ wraps (gluten ,dairy)	Lemon and Garlic Chicken With egg noodles or rice (egg , gluten )	Roast Meat Yorkshire Of the day (gluten,egg,dairy)	Pepperoni Speciality Bread pizza(gluten dairy)	Chunky Fish Finger sandwich with tartar sauce (fish,gluten)
<b>Special diets</b>	Pulled Pork	Chicken Goujons	Roast Meat of the day		Gluten free Battered fish (fish)
<b>Meat free and vegan</b>	BBQ Quorn wraps (gluten)	Korean style Smoked Tofu and broccoli wrap (gluten, soya )	Vegetarian Yorkshire Of the day (gluten,egg,dairy)	Margarita Speciality Bread Pizza (gluten ,dairy)	Salt and pepper battered vegetables (gluten)
<b>On the side</b>	Rice Mango and Sweetcorn Salsa Cheesy Nachos ( dairy)	Chunky Garlic potatoes Charred Sweetcorn salad	Roast Potatoes Veg of the day	Chunky garlic potatoes Italian style cannelloni Beans Green salad	Chips Minted peas or Mushy Peas Baked beans
<b>Pasta and jacket potato</b>	Pasta with tomato and basil sauce (gluten)  Jacket potato with Cheese (dairy)	Pasta in a creamy mushroom Sauce (gluten,dairy)  jacket Potato with Spicy Beans	Pesto pasta (gluten ,dairy)  Jacket potato with Tuna or Cheese (dairy ,fish ,egg)	Roasted Butternut squash and sage pasta (gluten)  Jacket potato with cheese and coleslaw (dairy,egg)	Jacket Potato with Cheese , Beans or Coleslaw (dairy ,eggs)
<b>Dessert</b>	Apple and courgette cake (gluten ,egg Fresh fruit , yoghurt (dairy) or Jelly also available	Pink Jam Slice (eggs , gluten) Fresh fruit , yoghurt (dairy)or Jelly also available	Flapjack (sulphites , mc gluten) Fresh fruit , yoghurt (dairy) or Jelly also available	Apple strudel (gluten, dairy) Fresh fruit , yoghurt (dairy)or Jelly also available	Jam crumble slice (gluten) Fresh fruit , yoghurt (dairy)or Jelly also available

# This week's menu



## Café Mall Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the day</b>	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
<b>Main course</b>	Mac and Cheese With crispy bacon (gluten,dairy)	Beef Lasagne (dairy, gluten)	Roast Meat Yorkshire of the day (gluten ,egg ,dairy)	Spicy Meat Calzone (gluten ,dairy)	Battered fish served in a wrap (gluten,fish) with tartar sauce
<b>Special diets</b>	Vegan Mac crumble	Beef Bolognaise	Roast Meat of the day		Gluten free Battered fish
<b>Meat free and vegan</b>	Mac and cheese (gluten,dairy)	Vegetable Lasagne (gluten)	Vegetarian Yorkshire Of the day (gluten, egg, dairy)	Vegetable Calzone (gluten ,dairy)	<b>Vegan</b> Salt and pepper battered aubergine (gluten)
<b>On the side</b>	Paprika potatoes Garlic Bread (gluten) Peas	Garlic bread (gluten) Potato wedges salad	Roast Potatoes Veg of the day	Garlic dough balls (gluten) Paprika potato wedges Rocket salad	Chips Minted peas or Mushy Peas Baked beans
<b>Pasta and jacket potato</b>	Jacket potatoes with Cheese or beans (dairy)	Red Pesto Pasta (gluten , dairy)  Jacket Potato With tuna and sweetcorn (fish ,egg)	Vegetable Medley Pasta (gluten) Jacket Potato with chilli	Vegetable Carbonara (gluten ,dairy) Jacket potato cheese and beans (dairy)	Jacket Potato with Cheese , Beans or Coleslaw (dairy,eggs)
<b>Dessert</b>	Lemon Drizzle Cake (gluten , eggs) Fresh fruit , yoghurt (dairy) or Jelly also available	Chocolate fudge cake (gluten eggs, dairy) Fresh fruit , yoghurt (dairy)or Jelly also available	Coconut Tray Bake (gluten ,eggs,dairy) Fresh fruit , yoghurt (dairy)or Jelly also available	Nut Free Bakewell Tart (eggs , gluten) Fresh fruit , yoghurt (dairy) or Jelly also available	Banana Cake (,dairy,gluten) Fresh fruit , yoghurt (dairy) or Jelly also available